



# SPIRIT AND THE UNIVERSAL LAW

*A Guide to Working with Spirit*

*Leonard F. Parsons*

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## **CHAPTER ONE - SPIRIT AND THE UNIVERSAL LAW**

All things must have a beginning. When a child enters school for the first time, it would be pointless to place him in an advanced grade of learning when he does not even know or understand his ABC's.

So let us begin as little children to explore the wonderful world of spirit which God provides through his natural law. That law provides that life continues in its progression through many changes. First in our present physical and material world, and then on to the world of spirit. It is like passing through the door of one room into another.

This law is universal and has no limitations. It is not bound to such foolish ties as race, creed or color. It is affected solely by the spiritual progression of man.

There are many who will disagree with some of the statements I make, but what is here is the result of work over a period of years in this field. As a result of that work, I no longer simply believe. I know. However, knowledge must come to each in his own way. I offer this pathway to those who would care to walk it.

There are many factors governing the contact of the physical and spiritual worlds, but the most important one of all is harmony. Without it, nothing is possible, either for an individual or a group.

At the outset, not everyone approaches this work with the same end in view. Most, of course, come as the result of the passing of a loved one, when – in grief – there comes a passionate desire to find out whether life has indeed stopped or the loved one is living on, in spirit.

Some approach out of idle curiosity, and some are drawn by a genuine desire for knowledge. Some, like myself, come because of an

experience so dramatic and illuminating that it causes a complete change in the course of their lives.

Spirit is man's continuation of a way of life, in a world just as real and vibrant as our own physical world. It is a world where there is no death, no disease, no hatred, no time and no distance. It is a place where love is supreme. It is a place where, as Jesus said, in the Father's house are many mansions – room for all. It is the place where all people – good, bad or indifferent – will pass when their hour comes. And once there, they continue life, progressing up through the spheres to perfection. At the apex of that upward spiral is the universal God.

The obvious question is, "Where is this place? Why can't I see it?"

The answer is simple: Physical man is of one vibration, attuned to the whole of his material world. The spirit world exists in another vibration, one which our physical senses are unable to reach.

That should not be difficult to understand. All things – sound, color, thought, energy (visible and invisible) – are made up of vibrations. Some of them man is already aware of. Others he is aware of but cannot reach with his physical senses. We know, for instance, that the air is filled with vibrations of sounds which to our ear are not audible, and of pictures not visible. If we have a radio or television set, we simply switch it on, and the sounds and pictures come alive to our eyes and ears. The electronic component parts, working in harmony, transfer those vibrations from one dimension to another.

In life, a medium is a sort of human radio or television set for spirit entities. A medium is a person who can be and is used by spirit to make contact with the material side of life. Mediumship is a quality given to man by God, who creates all things.

Each man has his share of God's gifts: sight, hearing, speech, the skills of work, the talents that make us excel. Some possess more gifts than others, but there is one universal gift: The gift of free will.

Thus, God does not demand that we use the gifts he gave us. We are free to use them, abuse them, or not to use them at all. It is our own responsibility, the one we carry with us from this world into the world of spirit. When we pass from this world we go as we are, our spirits already shaped by our life on earth. The richest, most powerful man cannot obtain a single moment more when God calls us to come, and the only thing we take with us is our mind – with all its accumulated knowledge.

Those with spiritual awareness know this to be so, because without the continuation of the mind, there could be no return and no knowledge of the people, places or facts which enable us to identify and prove survival.

It follows, then, that in the world of spirit are entities who are similar to us in character (again – good, bad and indifferent), and like us here on earth, they are able to progress in that new world.

In the physical world, progress is largely based on materialism. Man fights for material survival, for the good things of life we all consider so essential – food, shelter, and our share of the extras that make life more pleasant and easier. To some of us, spiritual progress is secondary; to some it means nothing at all.

But even in the physical, material world, spirit exists – contained within the physical human body. The spirit is perfect in form, regardless of how twisted, ravaged or disease-ridden the body may be. There is no distortion. The spirit is never crippled.

While materialism is the moving force of the physical world, in the spiritual world, materialism does not exist. There is no need. The moving

force in that plane is spiritual progression. And to permit spiritual growth, God's Natural Law allows spirit to continue to contact the physical world – through mediums – giving hope for mourners, help for the sick and ailing, guidance for the troubled, and aid and comfort in every situation imaginable.

There is no limit to the power of spirit where there is love and harmony, and through stretching themselves to succor people here, the spirit entities are growing in their own world.

Since the vibration of man's physical body is lower than that of spirit, that is the first change man must make when he enters that new world after what we call death. His vibrations must be adjusted to the transition. That change begins immediately, whether death has been sudden or violent or the result of a lingering illness. And remember, no one enters the world of spirit unannounced. Each new arrival is always met by loved ones who have gone on before.

When the life on earth has been one of spirituality, the adjustment to spirit vibration is generally not of a long duration. But always some period of time is required for this adjustment to be made.

We are told by those who have returned in spirit that one enters first into the Halls of Rest, where the changes to spirit vibration are made. There is no set period of time involved. Indeed, there is no definition of time as we know it in the spirit world. Life there is not governed by the calendar or the clock. And that frequently puzzles us when it concerns the return of a loved one.

Some do not return, we have noted, for years as counted in our time. Others come back almost immediately. There does not seem to be any particular pattern.



The barrier of time is one of the most confusing aspects of our spirit dealings. It is difficult for them to measure by our standards, and it is equally difficult for us to understand why they cannot do so.

***This is the end of the sample reading of Chapter One. If you would like to download the entire book, please visit [www.SpiritandtheUniversalLaw.com](http://www.SpiritandtheUniversalLaw.com).***